

Together we learn about the experience of grief and loss, and find comfort as we journey through grief.

St. Joan of Arc in conjunction with Reverence Hospice, a service of St. John Health System, is offering a six-week series about the experience of grief and loss.

The purpose of this six-week series is to provide support and an understanding of what we may experience as we grieve the death of a loved one.

The content of each week's sessions builds upon the previous week, so participants benefit most by attending all sessions.

"Healing the Heart" is offered as a community service, and there is no charge. These groups are open to any adult who has lost a loved one due to death.

## St. Joan of Arc Church Building

Family & Youth Center 21620 Greater Mack St. Clair Shores, MI

Thursday Afternoon Group March 31, April 7, 14, 21, 28, and May 5 1:00 p.m. – 2:30 p.m.

For further information or registration, call: Elaine Rosen - 586.723.9492